

Fexoform AM Tablet

Information for the Use

**Montelukast (10 mg) + Fexofenadine (120 mg)
+ Acebrophylline (200 mg) Tablet**

Composition:

Each tablet contains:

- **Montelukast Sodium: 10 mg**
 - **Fexofenadine Hydrochloride: 120 mg**
 - **Acebrophylline: 200 mg**
-

Description:

This combination tablet is designed to manage respiratory and allergic conditions effectively.

- **Montelukast:** A leukotriene receptor antagonist that reduces inflammation in the airways.
 - **Fexofenadine:** A non-sedating antihistamine that alleviates allergy symptoms.
 - **Acebrophylline:** A xanthine derivative that acts as a bronchodilator and anti-inflammatory agent.
-

Indications:

This medication is indicated for:

- **Asthma:** Prevention and management of bronchial asthma.
- **Allergic Rhinitis:** Seasonal and perennial allergies with respiratory symptoms.
- **Chronic Obstructive Pulmonary Disease (COPD):** Management of airflow obstruction and inflammation.
- **Cough with Allergic Component:** Associated with airway inflammation.

Mechanism of Action:

- **Montelukast:** Blocks leukotrienes, which cause airway inflammation, swelling, and mucus production, leading to improved breathing.
 - **Fexofenadine:** Inhibits histamine receptors, reducing symptoms like sneezing, runny nose, and itching.
 - **Acebrophylline:** Relaxes bronchial muscles and improves airflow while reducing airway inflammation.
-

Dosage and Administration:

- **Adults:**
 - One tablet daily or as prescribed by a healthcare provider.
 - **Pediatric Use:** Not recommended unless advised by a physician.
 - Take the tablet after meals with water.
-

Contraindications:

- **Hypersensitivity to Montelukast, Fexofenadine, Acebrophylline, or any excipients in the formulation.**
 - **Severe renal or hepatic impairment.**
 - **Patients with a history of theophylline allergy or xanthine hypersensitivity.**
-

Precautions:

- **Asthma:** Not for use during acute asthma attacks.

- **Cardiovascular Conditions:** Monitor heart rate and rhythm in patients with a history of arrhythmias.
 - **Renal and Hepatic Impairment:** Dose adjustment may be necessary.
 - **Pregnancy and Lactation:**
 - Use during pregnancy only if clearly needed and prescribed.
 - Not recommended during breastfeeding unless necessary.
-

Possible Side Effects:

Common side effects:

- Headache, dizziness, or drowsiness.
- Nausea, vomiting, or abdominal discomfort.
- Dry mouth or throat irritation.

Serious side effects:

- **Signs of an allergic reaction:** Rash, swelling, or difficulty breathing.
 - **Elevated heart rate or palpitations (Acebrophylline-related).**
 - **Behavioral or mood changes (Montelukast-related).**
-

Drug Interactions:

- **CYP3A4 inhibitors (e.g., erythromycin, ketoconazole):** May alter Montelukast or Fexofenadine levels.
 - **Theophylline-containing drugs:** Avoid concurrent use to prevent toxicity.
 - **Antacids containing aluminum or magnesium:** May reduce Fexofenadine absorption.
 - **Beta-blockers:** Monitor closely, as Acebrophylline may counteract their effects.
-

Storage:

- Store below 25°C.
 - Protect from light and moisture.
 - Keep out of reach of children.
-

Special Instructions:

- Continue the medication regularly, even if symptoms improve.
 - Do not crush or chew the tablet.
 - Avoid alcohol or other sedatives, which may enhance drowsiness.
 - Consult your doctor immediately if you experience any unusual side effects or worsening of symptoms.
-

Note: This medication should only be taken under medical supervision. Regular follow-ups are essential to monitor efficacy and safety. Always inform your healthcare provider about ongoing medications and medical conditions before starting this therapy.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,
Panchkula-134113

TM: Trademark Applied for